

# Guidelines for organizing meals in a kindergarten

1. We ventilate the room, clean the tables, set the tableware, wash our hands, put on aprons, and if necessary, place a few cots in secluded corners.
2. We introduce to the children what is on the menu
3. We serve special dietary meals first.
4. We encourage children to have a quiet conversation.
5. We encourage children to use utensils.
6. We serve food aesthetically.
7. We serve the child all the food that is on the menu, only adjusting the portion size according to one's wishes.
8. We encourage children to serve themselves. We ensure hygiene and are mindful about illnesses in the classroom..
9. We take enough time for meals (children do not take afternoon snacks home).
10. We set an example for the children.

