



8 Rules for Reducing Food Waste

1. We do not return fruit as waste food. Inform the kitchen that we do not need more until the previous batch is consumed.
2. Fruit is cut into smaller portions only as needed
3. Each playroom has a citrus juicer. Juice is made each day or on Fridays to use up the citrus fruits.
4. We do not return bread as waste food. We store it for the next meal. Inform the kitchen when it is not needed.
5. On the daily meal order sheet, we add that we need less of specific foods.
6. We let the children decide how much of specific food they want.
7. We offer bread sliced into small pieces – this also applies to other bakery products and other foods.
8. Where possible, we compost fruit and vegetable leftovers - plan for collecting organic waste.